Ready or not?

You can't stop a disaster, but you can prepare for one.

Take the first step in getting ready by making sure you have all of these essentials in one place.

Health

- [ ] Food & water
- [ ] Warm clothing
- [ ] First aid kit
- [ ] Medicine
- [ ] Pet essentials

Electronics

- [ ] Torch
- [ ] Batteries
- [ ] Handheld radio
- [ ] Mobile phone & charger

Important documents

- [ ] Passport
- [ ] Cash
- [ ] Insurance papers
- [ ] Medical history
- [ ] Precious items

Visit **auspost.com.au/disaster** to start your plan

Australian Red Cross

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